

# Resume & Cover Letters

By: Meredith Oakley

**ECU Career Services** 

# What is a resume?

What is the purpose of a resume?

• A summary of your experiences and skills relevant to a position

• A sales document that highlights accomplishments to show that you are qualified

Customized to match the position

How long do you have to make an impression with your resume?

Average of 150 applicants per job

8-10 second scan



# Resumes That Don't Make it Past the 8-10 Second Scan

Spelling and grammar errors

Our or Out

It's or Its

**Affect or Effect** 

- Formatting
  - Designs
  - Inconsistent formatting
  - Fru Fru fonts
  - Overuse of bold, italic, etc.
  - Dense blocks of copy
  - Margins overly large or overly small
- Multiple pages
- No key words



### Formatting Mishaps

---- MIRA KARLSSON ⊶

SOCIAL MEDIA MARKETING SPECIALIS

#### CONTACT

- \$16-555-0146
- mira\_karlsson
- karlsson@example.com
- www.example.com

SIT AMET

SKILLS

- CONSECTETUER
- ADIPISCING
- SED DIAM NONUMMY

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NIBH EUISMOD TINCIDUNT

#### EDUCATION

#### Lorem Ipsum

2000-2019

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#### Dolor Sit Amet

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#### PROFILE

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#### EXPERIENCE

#### Lorem Ipsum

2000(-2019)

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#### Dolor Sit Amet

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#### Consectetuer Adipiscing Elit

2000t-20Y

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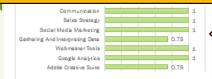
Columns



Not prioritizing relevant experience/ jobs



#### SKILLS



### No Photos Needed No Graphs/ Graphics

#### IGNACIO FRIED

#### PROFILE

Well organized, creative, and proven marketing professional. Experience working with and across sales teams and well as external clients and agencies on creative, editorial, strategic, and tactical levels. Significant negotiation experience. Track record of delivering unique and effective content. Impressive history of planning and executing marketing campaigns.

#### CONTACT

PHONE: (718) 555-0100

LINKEDIN: www.linkedin.com/in/i.fried

EMAIL: i.fried@live.com

#### **WORK EXPERIENCE**

#### MARKETING CONSULTANT VANARSDEL LTD, SNIPTOWN, MASSACHUSETTS

SEPTEMBER 2016-PRESENT

Work with clients to creft the messaging and implement strategic positioning in their market. Assist clients with business plan, branding, advertising, remodeling, and marketing. Over a ten-month period, these efforts boosted monthly sales from \$8,000 to \$25,000. Devised and implemented social media campaign that increased brand awareness by 125% on average. Program resulted in a dramatic \$50,000 increase in intermet sales. Create marketing campaigns including email, print, digital, outdoor, and social media. Based on market analysis, craft concept and content for journal ads, direct mail campaigns and blogs.

#### MARKETING SPECIALIST

#### LUCERNE PUBLISHING, BOSTON, MASSACHUSETTS

UNE 2013-AUGUST 2016

Co-managed the development and delivery of the design language for a companywide media kit for all company projects, increasing national sales by 8%. Coordinated and across multiple departments internally and collaborate with external IT and other professional consultants to design, build, and launch ten websites for ten company brands. Developed SEO optimized content for numerous in-house websites, blog posts and social media platforms. Several of my articles were picked up by major media outlets. Kept current with marketing strategies and developed social media campaigns to increase brand influence.

#### **EDUCATION**

BACHELOR OF ARTS IN ART AND DESIGN SCHOOL OF FINE ART, MOPTON, MASSACHUSETTS No Paragraphs

#### Don't waste space

\*Templates generally cause spacing issues that can't be changed\*

Make it easy to read

#### YOUR NAME

Street Address, City, ST ZIP Code | Telephone | Email

#### OBJECTIVE

Check out the quick tips below to help you get started. To replace tip text with your own, just click it and start typing.

#### SKILLS & ABILITIE

On the Design tab of the ribbon, check out the Themes, Colors, and Fonts galleries to get a custom look with just a click.

#### EXPERIENCE

Dates From-To Job Title, Company Name

This is the place for a brief summary of your key responsibilities and most stellar accomplishments.

Dates From-To Job Title, Company Name

 This is the place for a brief summary of your key responsibilities and most stellar accomplishments.

#### EDUCATION

Dates From-To Degree, Location, School Name

#### COMMUNICATION

You delivered that big presentation to rave reviews. Don't be shy about it now! This is the place to show how well you work and play with others.

#### LEADERSHIP

Are you president of your fraternity, head of the condo board, or a team lead for your favorite charity? You're a natural leader—tell it like it is!

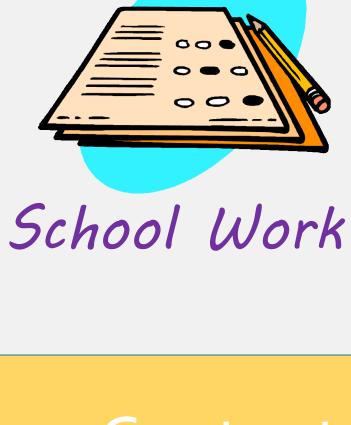
### **TEMPLATES**

### How Resumes Survive the First Scan

- No spelling misteaks or grammer errors;
- Formatting
  - Consistent font throughout –
  - Font is easy to read (Arial, Calibri, etc.) and reasonable size (12, 14 pt.)
  - Use of bold or italicized text is strategic and minimal
  - Copy is organized with distinct headers; white space allows eye to flow; experience indicated in bulleted phrases
  - Margins
- Key Words
- One page

### Accomplishments







Content

### Characteristics of Strong Content

- Concise and vibrant language
- First person (never me, my, or I)
- Highlights achievements
- Customized summary of experiences and skills relevant to the position
- Key Words

# Why Key Words and Customized Content are Critical

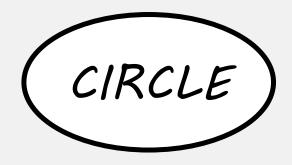
Resume might not be seen by a human until it has been pre-screened through an Applicant Tracking System.



### Customize your Resume

- Analyze the job description
- Identify desired skills, qualifications, and experiences
- Align your skills, qualifications and experiences to the needs identified in the posting

HIGHLIGHT



UNDERLINE

### What Experience Should I Use?

Jobs and internships

Research

Shadowing/Observation

Class projects and activities

Volunteer and Service Learning

Clubs, Organizations, Campus Involvement

We are looking for a committed **Teacher** to complement our qualified workforce of educators. You will be responsible for preparing and implementing a full educational teaching plan according to the school's requirements. It will be fundamental to provide knowledge and instruction to students while also helping them develop their personalities and skills.

The ideal candidate will be passionate for the job with an ability to reach out to students and create a relationship of mutual trust. They will know how to organize a class and make learning an easy and meaningful process.

The goal is to help cultivate the students' interest in education and be their dedicated ally in the entire process of learning and development.

- •Presenting lessons in a comprehensive manner and use visual/audio means to facilitate learning
- Providing individualized instruction to each student by promoting interactive learning
- •Creating and distributing educational content Present lessons in a comprehensive manner and use visual/audio means to facilitate learning
- Maintain a tidy and orderly classroom
- •Collaborate with other teachers, parents and stakeholders and participate in regular meetings
- •Plan and execute educational in-class and outdoor activities and events
- •Observe and understand students' behavior and psyche and report suspicions of neglect, abuse etc.
- •Develop and enrich professional skills and knowledge by attending seminars, conferences etc

We are looking for a committed **Teacher** to complement our qualified workforce of educators. You will be responsible for preparing and implementing a full educational teaching plan according to the school's requirements. It will be fundamental to provide knowledge and instruction to students while also helping them develop their personalities and skills.

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The goal is to help cultivate the students' interest in education and be their dedicated ally in the entire process of learning and development.

- Presenting lessons in a comprehensive manner and use visual/audio means to facilitate learning
- Providing individualized instruction to each student by promoting interactive learning
- Creating and distributing educational content
- Assess and record students' progress and provide grades and feedback
- Maintain a tidy and orderly classroom
- •Collaborate with other teachers, parents and stakeholders and participate in regular meetings
- Plan and execute educational in-class and outdoor activities and events
- •Observe and understand students' behavior and psyche and report suspicions of neglect, abuse etc.
- •Develop and enrich professional skills and knowledge by attending seminars, conferences etc

Resume Sections

#### MICHAEL CANNON

244 10th Street • Greenville, NC 27834 • 829.253.9380 • mcannon@gmail.com

#### Objective

To obtain a position as a Health Educator utilizing my strengths in needs assessment, program planning, and health education.

#### Capabilities Profile

Program Planning & Evaluation Implementing Programs Health Education
Communication Health Promotion Epidemiology
Public Speaking Certified Peer Educator Needs Assessment

#### Education

East Carolina University Greenville, NC May 2019

Bachelor of Science in Public Health Concentration: Community Health

Minor: Biology GPA: 3.24

Honors: Chancellor's List (Spring 2018, Fall 2018)

#### Related Coursework

Needs Assessment and Program Planning, Program Evaluation, Applied Principles of Health Promotion, Community Strategies for Health Education, Theory and Practice in Community Health Education

#### Relevant Experience

East Carolina University Greenville, NC January 2017 – May 2017

Student: Program Planning & Needs Assessment

- . Observed food choices & and health behaviors of female mall patrons
- . Completed needs assessment on African American women of reproductive age
- Created a program to increase the knowledge and awareness of preconception care among African American women

Office of Public Health Greenville, NC November 2016 - May 2017

Certified Preconception Peer Educator

- . Family life planning; before, during & after care; risk assessment
- . Informed females on the steps in becoming healthy before conception
- . Educated males and females on preconception and how to decrease barriers and increase a healthy pregnancy
- · Performed risk assessment on men and women to better understand their reproductive health behaviors
- · Distributed resources on contraceptives, smoking cessation, BMI, and stress management
- . Encouraged and educated males on how to increase support of pregnant partner before and after pregnancy

Pitt County Preconception Health Campaign Goldsboro, NC August 2016 – November 2016 Volunteer

- . Informed women about the importance of creating a reproductive life plan
- · Educated females about making smart food choices and increasing physical activity
- . Created flyers to explain the importance of taking a multivitamin with folic acid to prevent birth defects

#### Work Experience

Server, Carolina Ale House Greenville, NC August 2016 – Present
Mentor, Boys and Girls Club Greenville, NC October 2015 – August 2016

#### Leadership Activities

Member, North Carolina Society of Public Health Education

Member, Eta Sigma Gamma (Health Education Honor Society)

Secretary, Eta Sigma Gamma (Health Education Honor Society)

Secretary, Eta Sigma Gamma (Health Education Honor Society)

Volunteer, Special Olympics

Volunteer, Relay for Life

September 2015

#### **SECTION 1**

### **SECTION 2**

**SECTION 3** 

### Introduction

### Section 1

Top ¼ of your resume

- Contact Information include websites, Linked In URL, phone number, email address; street address optional
- Objective optional
- Skills cite specific skills or competencies that are important; technical as well as soft skills
- Notable Accomplishments/Awards/Honors/Study Abroad
- Education will move lower on resume as you gain professional experience
  - Degree, not major; include minor and concentration
  - Spell out

     Bachelor of Fine Arts, not BFA
  - Date and month of expected graduation date
  - No high school information (unless freshman)
  - GPA if high, Dean's List, Chancellor's List
  - Highest degree first (Ph.D., Masters, Bachelors, Associates)
- Relevant Coursework if applying for an internship

### Experience

### Section 2

Middle ½ of your resume

- Relevant Experience
- Information that demonstrates your experience or skill sets from jobs, internships, volunteering, class projects, etc.
- REPEAT: Jobs, internships, volunteering, class projects, etc.
- Group under categories or headers that point out what you want to emphasize
- Can be listed in chronological or relevance order
- 2-3 entries
- 3-5 bullet points

### Additional Information

Section 3

Last ¼ of your resume

- Shadowing/Observation
- Campus or Community Engagement
- Leadership
- Professional Affiliations
- Work Experience (unrelated jobs) see below

#### **Work Experience**

Server, Down East Wine and Diner Lead Tutor, Pirate Tutoring Center Purpleville, NC

August 2015-Present

XYZ University, Purpleville, NC

August 2016-2018

Pictures? Height, Weight, Gender, Age, Marital Status



Make sure your Bullet Points Sell your Story!

### Bullet Points

### Tell your Story in Bullet Points

- Start with an action verb
- What you did
- How you did it
- Why you did it
- Quantified (How many, how much)
- Value or benefit it provided
- When Possible: Frame as an accomplishment (First, Best, Only, Top...)

### Dull Bullet

-Responsible for marketing social and cultural events

### Shiny Bullet

-Collaborated with team to design and print posters, flyers, and t-shirts to promote 63 social and cultural events to campus community; increased attendance over previous year by 10%

### How to Create a Bullet

#### **Bullet Components**

WHAT I DID: Collaborated with team to design and print posters, flyers and t-shirts

WHY I DID IT: to promote cultural and social events on campus

HOW MANY/HOW MUCH/HOW: 63 events

VALUE/BENEFIT/OUTCOME: increased attendance by 10%

BULLET: Collaborated with team to design and print posters, flyers, and t shirts to promote 63 social and cultural events to campus community; increased attendance over previous year by 10%

### Summary

- 1-Before a resume crosses the desk of a hiring manager may need to make it through an ATS which will screen for key words and relevant information
- 2-Resumes must be visually appealing, and free of grammar or spelling errors to make it past the initial scan of 8-10 seconds
- 3-Resumes should be targeted and customized
- 4-Experience should be denoted in bullet points that start with an action verb and explain what was accomplished, how it was accomplished, and describe its value or benefit

## Cover Letters

#### Header and Address Consider using your header fr

Consider using your header from your resume or use basic letter format by adding your return address at the top.

Address your letter to a direct person in the company. This information can be found through research. However, if you research doe not uncover a direct person, use a title such as "Recruiter" or "Hiring Manager" rather than "To Whom It May Concern".

#### **Introductory Paragraph**

Indicate your interest, and reveal your source of information.

#### Middle Paragraph(s)

Outline your strongest qualifications focus on broader occupational and/or organizational dimensions to describe how your qualifications match the work environment.

Convince the employer you have the personal qualities and motivation to contribute to the organization. Focus on you, not the employer. Do not repeat the resume but highlight how your skills relate.

#### **Closing Paragraph**

Express appreciation to the reader for his or her time and consideration and include contact information.

#### Signature and Enclosure

Don't forget to sign your letter. (This is not necessary if you are uploading to a website or emailing)

Enclosure is used to indicate that there is another document (or multiple documents) that accompany your cover letter such a your resume and references.

#### Ima Pirate

701 East 5th St. . Greenville, NC 27858

Imapirate 17@students.ecu.edu • 252-328-6050

January 30, 2019

Mr. Brett Newkirk Director of College Recruiting William Morris Endeavor 1400 W. 14th Street, 2nd Floor New York, NY 10003

Dear Mr. Newkirk:

I am writing to express my interest in completing the emerging media internship as advertised on the William Morris Endeavor website. As a Communications major with a Media Studies concentration and a minor in Business Administration at East Carolina University my foundation is in place to exceed as an active member of the internship program. Additionally, my direct experience in sales and marketing make me strong candidate for this program. I am ready to apply my education, business savvy, and enthusiasm for new media to contribute to the success of William Morris Endeavor.

Pursing a Bachelor of Science in Communication, I have taken several course that will help me excel in this internship. I have had the opportunity to receive advanced education in subjects that include Media Effects, Persuasion Theories, Audio and Video Production, Post Production Techniques, and Web Design. These courses have enhanced my knowledge of emerging media and provide the most recent training in these technologies.

As a former employee of Kaplan Test Prep and Paradigm Books I developed strong marketing and sales skills. Both positions required personal and professional initiative and my success was due to my ability to form relationships, sell services, and prospect new business. Currently, I am employed with the university newspaper, The East Carolinian as a Student Advertising Manager where I not only exceed monthly sales goals, but am also responsible for supervision and training of five team members. An internship with WME will allow me to maximize my skills in sales, marketing, and advertising and to explore the use of social media.

I believe that my education and experience make me a great candidate for this position. I would appreciate an opportunity to meet with you and discuss this internship further. I am also available to interview via phone (252-555-5555) or Skype (Ima.Pirate). Thank you for your time and consideration. I look forward to speaking with you.

Sincerely,

#### Ima Pirate

Ima Pirate

Enclosure

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Imapirate17@students.ecu.edu • 252-328-6050

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Sincerely,

Ima Pirate

Ima Pirate

Enclosure

- Show them your WHY
- Match it to the job description
- TELL about your experiences and education
- Make the match of why you're a good candidate

Questions?

